



Francis

Bird Lake Sunset



# Creative Retirement Manitoba

**Annual Luncheon  
October 23, 2003**

## **Mission**

Creative Retirement promotes the health and well-being of individuals and communities through developing and offering innovative learning opportunities with and for older persons.

## **DR. TIM BALL, B.A., M.A., PH.D.**

**D**r. Tim Ball taught at the University of Winnipeg from 1971 to 1996. With a Ph. D. in Climatology, he is an expert on the impact of climate change on human history and the human condition. While at the University of Winnipeg Dr. Ball was well-known for his sold-out classes for seniors on Current World Events.

Now living in Victoria, B.C., Dr. Ball works as an environmental consultant and is a popular speaker and columnist. He is a regular contributing writer to Country Guide and the author of numerous papers on climate change, bird migration, weather patterns and related issues. His book on environment, climate change and the fur trade is in print at McGill Queens University Press.

Dr. Ball has also chaired provincial boards on water management, environmental issues and sustainable development.

Dr. Ball has been heavily involved in education at all levels, kindergarten to seniors. He has acted as a motivational speaker for teachers, served on committees for curriculum development, and is a board member of Agriculture in the Classroom (BC).



# **SOME FACTS ABOUT CREATIVE RETIREMENT MANITOBA**

- ◆ Creative Retirement Manitoba has provided innovative lifelong learning opportunities for seniors for more than twenty years.
- ◆ Volunteers are a vital and integral part of CRM's programming.
- ◆ With more than 300 courses each year, CRM provides Canada's most comprehensive and varied lifelong learning program for seniors.
- ◆ CRM's Students and Seniors Together program has worked at building bridges of appreciation and understanding between generations for more than eighteen years.
- ◆ CRM is nationally recognized as a leader in technological programming for seniors.
- ◆ CRM delivers 55 Alive, Canada's most comprehensive older adult driving course, in cooperation with the Canada and Manitoba Safety Councils.
- ◆ CRM has a vibrant and growing membership of almost 2000 people.
- ◆ Last year CRM relocated to 270 Sherbrook Street. Our new storefront facility includes administrative offices, classrooms and the best equipped seniors' computer classroom in Winnipeg.
- ◆ A Labyrinth Mural and four paintings on our building are the result of a community development project undertaken to create a visual experience of lifelong learning. The labyrinth and paintings represent a symbolic pathway depicting the many faces of our community and our common humanity.
- ◆ CRM's members and donors provide more than 50% of CRM's operating costs.

# **MENU**

**THREE LEAF SALAD, TOMATOES, CUCUMBERS & HERBED CROUTONS  
WITH RED PEPPER VINAIGRETTE**

**\*\*\*\*\***

**RAGOUT OF CHICKEN & MUSHROOMS "VOL AU VENT"**

**PILAF RICE**

**CHEF'S SUGGESTED FRESH VEGETABLE**

**\*\*\*\*\***

**PEAR "BELLE HELENE"**

**\*\*\*\*\***

**FRESHLY BAKED ROLLS AND BUTTER  
COFFEE, DECAFFEINATED COFFEE AND TEA**

# **PROGRAM**

HOST - BOB WASHINGTON

O CANADA

WELCOME - PEGGY PRENDERGAST  
PRESIDENT, CREATIVE RETIREMENT MANITOBA

INTRODUCTION OF GUEST SPEAKER  
MARILYN LOCKWOOD

**“CURRENT WORLD EVENTS”**

**DR. TIM BALL**

THANK YOU - HELEN NORRIE

TOAST TO THE QUEEN

GRACE - THE REVEREND DR. TOM GRAHAM

LUNCHEON

VISUAL PRESENTATION & DOOR PRIZES

THE HONOURABLE DIANE MCGIFFORD

**PRESENTATION OF AGELESS HEROES AWARDS**

LINDA LAIDLAW, MANITOBA BLUE CROSS

TOONIE PRIZES DRAW

CLOSING REMARKS—HOST



# AGELESS HEROES

The Ageless Heroes Awards recognize individuals for their contributions to the community through their passion for learning and their ability to bridge generations. Creative Retirement Manitoba's Ageless Heroes Awards celebrate the spirit and vitality of men and women over 50 and showcase the commitment of Manitoba Blue Cross to healthy living.

- ▶ **The Love of Learning Award** will be presented to an older adult who pursues or shares knowledge gained through study or experience.
- ▶ **The Bridging the Generations Award** will be presented to a senior who is committed to activities that reach out to and earn the admiration of younger persons.

# **NOMINEES FOR AGELESS HEROES AWARDS**

## **BRIDGING THE GENERATIONS**

Bill Brace

Margaret Campbell

Jessie Howell

Grace Ivey

Gertrud Linnemann

Lawrence Ritchey

Mary Scott

Joyce Wyrchowny

## **LOVE OF LEARNING**

Pat Fraser

Eira “Babs” Friesen

Jean Johnson

Bernice Marmel

Pat Roberts

Muriel Smith


The Reverend Canon Laurence E. Wilmot

# SPONSORS AND DONORS

## AGELESS HEROES AWARDS



## LUNCHEON SPONSORS

**PLATINUM**  **Manitoba Hydro**

**SILVER** One Anonymous Donor

**PARTNER** Assiniboine Credit Union  
Pollard Banknote Limited

**TABLES** Manitoba Blue Cross  
Manitoba Public Insurance  
The Great-West Life Assurance Company  
Winnipeg Free Press

## **SPECIAL THANKS TO:**

Buy Rite Furniture

Lindt Chocolates

Canada Safeway

Manitoba Lotteries Corporation

Jack Francis

Office of the Mayor

Hastings Hearing Centres Ltd.

Wawanesa Mutual Insurance Company

Lee Cameron

Winnipeg Convention Centre

## **LUNCHEON COMMITTEE**

Marilyn Lockwood (Co-chair)

Don Ross

Helen Norrie (Co-chair)

Barb Sparling

Nadia Burke

Archie Speers

Fran Byrd

Bob Washington

Ellen Hartle

Marjorie Wood

## BIRD LAKE WATERCOLOUR

Bird Lake is a bit of painter's heaven, quietly nesting in Nopiming Provincial Park, happily resting on the edge of the Canadian Shield, where westing Manitoba backtracks to Ontario, there Nature offers the water and the colour

– *Jack Francis*



Jack Francis is an award-winning wordsmith: writer, editor, instructor, who turns to drawing and painting when words fail him. Watercolour is a new art form for him, having tapped into it through Creative Retirement with Winnipeg artist Leona Brown, and with Saskatchewan-Texas painter, Lydia Greter. Jack says that watercolour gets into your blood quickly and thickly, flowing through inspiration onto paper in a

magic glow. His artwork is born in different parts of Canada, United States and Europe. But in Manitoba, he says, there are all the looks and moods a painter would ever need or want. Jack gives special thanks to wife Lois and sons J. Paul and Marc, and a friend, the late Saltspring Island carver-painter, Robin Currie, for their encouragement and for putting art supplies in his hands.