



*Joe Bryksa
Winnipeg Free Press*



Annual Luncheon October 19th 2011

Mission

Creative Retirement Manitoba contributes to the well being of older persons and their communities by developing and offering innovative and interactive learning opportunities.

The Centre for Lifelong Learning

GUEST SPEAKER

MARGO GOODHAND
EDITOR, WINNIPEG FREE PRESS

Topic: *Get me rewrite, Sweetheart*

The first female editor of the Winnipeg Free Press describes the future of newspapers in a web-wise world.

Margo Goodhand is the 14th editor of the 138-year-old Winnipeg Free Press, and the first woman to hold the job.

She joined the newspaper in 1991, where she has held a variety of roles, from columnist to Arts editor to Deputy Editor of special projects. She has edited five books, including the Free Press's *The Hermetic Code*, a Manitoba best-seller.

Under her leadership, the newspaper was deemed the nation's best news organization in 2009 by the Canadian Journalism Foundation. In the last four years, the Free Press has earned four international awards and 16 national awards, including a

Michener citation for meritorious journalism in 2009 for its two-year investigation into Manitoba's child and family services system.

Goodhand is a National Newspaper Board of Governor, a member of the Winnipeg Poverty Reduction Council, a member of the University of Manitoba's President's Advisory Council and a board member of the John W. Dafoe Foundation.



LARRY UPDIKE
MASTER OF CEREMONIES
HOST OF CBC RADIO ONE'S UP TO SPEED

Larry has been performing in public since he was 10-years-old. As a boy he sang and played to audiences all over southern Ontario as part of a family singing ensemble.

In 1995, Larry went to news-talk station CJOB/68 where he helped create an evening talk show, hosted the drive home show and finally moved to "The CJOB Morning Show" where he remained for nine years. In the autumn of 2009 Larry was inducted into the Manitoba Broadcaster's Hall of Fame.

While continuing to build on his profession, Larry went back to school and finished a B.Th. (Theology)

at the University of Winnipeg in 1986. Subsequently he proceeded to undertake and complete a second degree, a B.A. (Philosophy). Larry won the university's "Plato Prize" during his later course of studies and in 2010 was given the honour of Distinguished Alumni.

Listen to Larry on Up to Speed, weekdays from 3-6 p.m. on CBC Radio One 89.3 FM / 990 AM.



PROGRAM

- Welcome **Lynne Axworthy** President,
Creative Retirement Manitoba
- Host. **Larry Updike**
- Greetings **The Honourable Jim Rondeau,**
Minister of Healthy Living, Youth
and Seniors
- Grace **Norma Drosdowech**

Lunch

Guest Speaker **Margo Goodhand**

Thank you **Winnifred Warkentin**

Closing Remarks **Norm Grywinski**

Wine Raffle Draw

Silent Auction

LUNCHEON SPONSORS

PLATINUM



GOLD



Portsmouth
Retirement Residence

The Waverley & Rosewood
Seniors' Community

The Wellington
Retirement Residence

SILVER



ALL SENIORS CARE
LIVING CENTRES™

LUNCHEON SPONSORS

PARTNERS



TABLES

CARPATHIA CREDIT UNION

SCOTIABANK GROUP

STEINBACH CREDIT UNION

SPECIAL THANKS TO:

- Amber Meadow
 - Assiniboine Credit Union
 - Canada Safeway Ltd.
 - CJOB Winnipeg
 - Computer Avenue
 - Edward Carriere
 - Fort Whyte Alive
 - Jenny Gerbasi
 - Keith Bradely
 - Le Cercle Molière
 - Lynne Axworthy
 - Manitoba Chamber Orchestra
 - Manitoba Liquor Commission
 - Manitoba Opera
 - Manitoba Theatre Centre
 - McNally Robinson Booksellers
 - Pegasus Publications Inc.
Dorothy Dobbie
 - Prairie Theatre Exchange
 - Provence Bistro
 - Sharron Dudeck
 - Shear Image
 - Shoppers Drug Mart - St. Vital
 - The Clay Oven
 - The Keg Restaurants
 - The Manitoba Museum
 - The Old Spaghetti Factory
 - Wesmen Athletics, U of Winnipeg
 - Western Canada Aviation Museum
 - Winnipeg Blue Bombers
 - Winnipeg Symphony Orchestra
 - Xerox Canada
- The Board of Directors of Creative Retirement Manitoba for the Wine Raffle

LUNCHEON COMMITTEE

Lynne Axworthy
Trish Gibson

Anne Jenkins
Marilyn Lockwood

D'Arcy Mansell
Winnifred Warkentin

Thank you to all Volunteers

SOME FACTS ABOUT CREATIVE RETIREMENT MANITOBA

- ◆ Creative Retirement Manitoba has provided innovative lifelong learning programs that contribute to healthy aging for twenty-nine years.
- ◆ CRM's members and donors provide more than 50% of CRM's operating costs.
- ◆ Volunteers are a vital and integral part of CRM's programming.
- ◆ CRM moved to 270 Sherbrook St in 2002. **The Centre for Lifelong Learning** includes administrative offices, classrooms and the best equipped seniors' computer classroom in Winnipeg.
- ◆ CRM has a vibrant membership of over 1500 people.
- ◆ With more than 300 courses each year, CRM provides Canada's most comprehensive and varied independent lifelong learning program for seniors.
- ◆ CRM is nationally recognized as a leader in technology programs for seniors such as the Seniors Resource Network <<http://seniors.cimnet.ca>>
- ◆ CRM partners with more than 30 community organizations to deliver its education programs.

CREATIVE RETIREMENT MANITOBA IS GOVERNED BY AN ELECTED BOARD OF VOLUNTEERS:

President *Lynne Axworthy*, President Elect *Winnifred Warkentin*, Vice President *Norman Grywinski*, Treasurer *Keith Bradley*, Secretary *Don Bailey*. Officers: *Carole Bhakar, Isabella Dryden, Pat Gray, Kenn Green, Marjorie Hutlet, Jean Johnson, Sophie Kolt, Peggy Prendergast and Lorne Wallace.*

JOE BRYKSA

photojournalist

Front cover: A man relaxes with the elms in St Vital Park taking in the view of fall colours on a spectacular warm day in September (Joe Bryksa / WINNIPEG FREE PRESS)

Joe Bryksa is a graduate of Red River College and has been a photojournalist in Winnipeg for more than 20 years, the past 16 as a staff photographer at the Winnipeg Free Press.

Bryksa has won many awards for his photography including being named the Western Canadian Photojournalist of the year in 1999. In 2008, he was nominated by the Canadian Association of Journalists as one of Canada's top five photographers and took first place in the photojournalism category of the CAJ awards in May of this year for his work on the No Running Water project.



*Program printing compliments of
Commtech Office Solutions*